

# Going On A Senses Safari

- Help your child discover each of their five senses
  - Sight: Play I Spy and have your child guess the things you see.
  - Sound: Have your child close their eyes. Make noises using instruments, music, your hands, your mouth, or listen for noises in nature. Have them guess the sounds.
  - Touch: Have your child close their eyes and hold something in your hands. Have your child touch and feel what you have and see if they can guess the objects.
  - Taste: Have your child close their eyes. Carefully put a crumb of their favorite food on their tongue and see if they can guess what it is. Do this for a few different foods. Talk about how the food felt and tasted without seeing what it was first.
  - Smell: Dip cotton balls in a few different fragrances (your perfume, peanut butter, shampoo, lotion, soap, toothpaste, etc.) With closed eyes, see if your child can guess the different smells.
- When you're done with your safari, have them draw pictures of their favorite things that they saw, heard, touched, tasted and smelled. Can they make a book about their safari adventure?

